

## DOES YOUR CHILD NEED A MEDICAL SPECIAL DIET TO EAT LUNCH AT SCHOOL?

If so, you need to create an account between **1 - 23 July**  
to register your child for a medical special diet.

Once you have created your account, we will be able to review your medical evidence with our NHS dietician in order to devise an adapted menu for your child's school lunch.

Apply by adding this link into  
your browser:

[hants.gov.uk/hc3s-specialdiets](https://hants.gov.uk/hc3s-specialdiets)



You can then manage your account quickly, safely and conveniently online. It only takes minutes and once you've registered, you can see your child's individual menu and update medical evidence details whenever you need to. We'll also be able to send you updates when your child's new menus are created.



You'll also find our special diet matrix online with a list of ingredients for our dishes from our 'classics' menu. As we always offer at least two dishes each day for school lunch, you may find that the alternative dish works and choose not to register your child. In doing so you are taking responsibility for your child's choice. However, we do always strongly recommend full registration for any child with food allergies.

Living with allergies comes with its own set of rules so when it comes to food, as education caterers, we want to make this as easy as possible for you as a family. Our staff are trained in food safety and regularly update their skills on allergens. We never underestimate the dangers of food allergies and intolerances and we know what a big deal this is for you as parents. Trusting someone else to feed your child is a huge responsibility. And that's why we work hard to get it right.



If you have any questions, you can call our team on **023 8062 9388** or email [hc3sfooddevelopment@hants.gov.uk](mailto:hc3sfooddevelopment@hants.gov.uk) and one of the team will be happy to help you during office hours.

We hope your child will enjoy having a school lunch with us during their school journey and flourish.

**SCHOOL  
LUNCH**