



Dear Parent/Carer,

Our school is taking part in Walk to School Week (18-22 May). The nationwide event is organised by walking charity Living Streets and designed to help pupils experience first-hand the importance of walking to school. Children will be well on their way to reaching their recommended minimum 60 minutes of physical activity per day before even reaching the school gates! Not only will it set them up for a positive day in the classroom, but it will also help create healthy habits for life.

This year's challenge, Mission Move, encourages children to travel actively to school every day. Pupils will learn about the important reasons to walk or wheel and its benefits for individuals, communities and the environment! Each pupil will be challenged to travel sustainably (walk, wheel, scoot, cycle or Park and Stride) to school every day for one week. Each class will work collectively to make as many active journeys to school as possible across the week completing the class tracker daily. At the end of the week, we will collect in the trackers to see which classes are most active. Will it be your class?

What do I need to do as a parent/carer?

We would ask, if possible, to make arrangements so that your child/children can travel actively to school on the week commencing 18 May, helping our school reduce congestion and pollution around the school gates. Walking, wheeling, scooting and cycling all count! If you live far away from school and need to drive or take public transport, try parking the car or hopping off the bus/train ten minutes away and walking the rest of the journey.

Activities will be posted to Seesaw for you to take part in if you wish. We love seeing your photos and active journeys. Good Luck!

Thank you in advance for your cooperation

Mrs Hopwood and the Junior Road Safety Officer team